

Northeast Nebraska Public Health Department

Promoting physical and mental health and preventing disease, injury and disability in Cedar, Dixon, Thurston and Wayne Counties.

Counseling

Organization/Service	Address	City	Phone	Comments
Suicide Hotline	-	-	800-273-8255	The Lifeline provides 24/7, free and confidential support for people in distress, prevention and crisis resources.
Nebraska Family Help Line	-	-	888-866-8660	A free resource for parents with kids of all ages who have any type of question regarding their child's behavior.
Nebraska Rural Response Hotline	-	-	800-464-0258	Offers counseling vouchers to people living in rural areas of Nebraska who qualify for the service.
The Help Clinic – Wayne State College	1111 Main St. Student Center Room 103	Wayne, NE	402-375-7321	Wayne State College service for students
Advance Counseling Services	220 W. 7 th St. Suite 1	Wayne, NE	402-833-5246	Accepts Medicaid. Pay plan or reduced rates are available
Ponca Hills Health & Wellness Center	1800 Syracuse Ave.	Norfolk, NE	402-371-8780	Services for Tribal Members Only
Providence Medical Center	1200 Providence Road	Wayne, NE	402-375-7593	Psychiatry and Counseling. Counseling can be offered for individuals, families, couples, and small groups.



Caring Connections Coalition: Resource Directory first developed in 2009 for the Caring Connections Coalition. Last updated July 2022.
 Northeast Nebraska Public Health Department does not endorse or accept responsibility or liability for any services provided by any of the organizations listed.

Organization	Address	City	Phone	Comments
Heartland Counseling	221 W. Douglas St.	O'Neill, NE	402-336-2800	Accepts Medicare & Medicaid from IA, NE, SD. Use sliding scale for determining payments. Spanish Speaking Staff Available
	917 W. 21 st St.	South Sioux City, NE	402-494-3337	
Apex Therapy Services	1306 Andrews Dr.	Norfolk, NE	402-851-4026	Accepts Medicaid & Medicare
Behavioral Health Services	900 W. Norfolk Ave. Suite 200	Norfolk, NE	402-370-3140 888-370-7003 (CARE Line Open 24/7)	Accepts Medicaid & Medicare. Pay plan or reduced rates are available.
	326 Main Street	Pender, NE	402-922-7555	
Good Life Counseling & Support	200 N. 34 th St.	Norfolk, NE	402-371-3044	Accepts Medicaid. Pay Plan Available.
Winnebago Behavioral Health	225 S. Bluff St.	Winnebago, NE	402-878-2911 712.259.3263 (After Hours Phone Number)	Native Americans Only



Organization	Address	City	Phone	Comments
Oasis Counseling International	211 Douglas St.	O'Neill, NE	402-336-3009	Bilingual therapist speaks Spanish. Accepts Medicare, Medicaid, & most insurances. Can subsidize fees.
	333 Norfolk Ave Suite 201	Norfolk, NE	402-379-2030	
Associates for Psychiatric Services	600 4 th St. Suite 501	Sioux City, IA	712-234-0220	Accepts Medicare, Medicaid, & most insurances. Receptionist Speaks Spanish. Can see clients after 5:30pm by appt only
Associates for Psychological & Therapy Services	1106 Historic 4 th Street Suite 205	Sioux City, IA	712-252-1473	Evening & Weekend Appointments Available. Accepts Medicare, Medicaid, & most insurances. Flexible pay plans.
Siouxland Mental Health	625 Court St. PO Box 1917	Sioux City, IA	712-252-3871 712-279-2010 Crisis Line AFTER Business Hours	Accepts Medicaid & Medicare only from IA. Pay plan or reduced rates are available. Discounts based on household size & annual income. Bilingual Staff Available.

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Organization	Address	City	Phone	Comments
GreenTree Psychological Services	400 W. 20 th St.	Yankton, SD	605-668-2222	
Family Education & Counseling	1700 Burleigh St.	Yankton, SD	605-260- 9284	Accepts SD Medicaid & most insurances. Sliding scale pay plan available. Ages 3 – 83 years old. Yankton & surrounding area residents.
Lutheran Family Services of Nebraska – Behavioral Health	120 S. 24 th St. 2301 “O” Street	Omaha, NE Lincoln, NE Children’s Behavioral Health	402-342-7007 402-441-7940 402-595-1338	Accepts Medicaid & Medicare. Pay plan or reduced rates are available. Spanish Speaking Staff Available. Telehealth available.
COR Therapeutic Services, LLC	104 N Broadway	Hartington, NE	402-500-6870	Accepts Medicaid & most insurances. Call for alternative payment information.



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