


Northeast Nebraska Public Health Department

Promoting physical and mental health and preventing disease, injury and disability in Cedar, Dixon, Thurston and Wayne Counties.

Counseling

Organization/Service	Address	City	Phone	Comments
988 Suicide & Crisis Lifeline	<p>The National Suicide Prevention Lifeline is now: 988 Suicide and Crisis Lifeline</p>  <p>Online Chat https://988lifeline.org/chat/</p>		<p>988 TEXT 988</p> <p>For TTY Users: Use your preferred relay service or dial 711 then 988.</p>	<p>Available 24/7, 988 is a suicide prevention network of 180 crisis centers. Calls, texting, and chat access on the web with trained crisis counselors. Communications are routed to local crisis centers. It's free and confidential support for people in suicidal crisis, emotional distress, substance abuse, or mental health crisis. 988 can also be utilized by people who need resources to help loved ones who need crisis support.</p>
Nebraska Family Help Line	-	-	888-866-8660	A free resource for parents with kids of all ages who have any type of question regarding their child's behavior.
Nebraska Rural Response Hotline	-	-	800-464-0258	Offers counseling vouchers to people living in rural areas of Nebraska who qualify for the service.
The Help Clinic – Wayne State College	1111 Main St. Student Center Room 103	Wayne, NE	402-375-7321	Wayne State College service provided by WSC Human Counseling graduate students.
Advance Counseling Services	220 W. 7 th St. Suite 1	Wayne, NE	402-833-5246	Accepts Medicaid. Pay plan or reduced rates are available
Ponca Hills Health & Wellness Center	1800 Syracuse Ave.	Norfolk, NE	402-371-8780	Services for Tribal Members Only
Providence Medical Center	1200 Providence Road	Wayne, NE	402-375-7593	Psychiatry and Counseling. Counseling can be offered for individuals, families, couples, and small groups.

Organization	Address	City	Phone	Comments
Heartland Counseling	221 W. Douglas St.	O'Neill, NE	402-336-2800	Accepts Medicare & Medicaid from IA, NE, SD. Use sliding scale for determining payments. Spanish Speaking Staff Available
	917 W. 21 st St.	South Sioux City, NE	402-494-3337	
Apex Therapy Services	1306 Andrews Dr.	Norfolk, NE	402-851-4026	Accepts Medicaid & Medicare
Behavioral Health Services	900 W. Norfolk Ave. Suite 200	Norfolk, NE	402-370-3140 888-370-7003 (CARE Line Open 24/7)	Accepts Medicaid & Medicare. Pay plan or reduced rates are available.
	326 Main Street	Pender, NE	402-922-7555	
Good Life Counseling & Support	200 N. 34 th St.	Norfolk, NE	402-371-3044	Accepts Medicaid. Pay Plan Available.
Winnebago Behavioral Health	225 S. Bluff St.	Winnebago, NE	402-878-2911 712.259.3263 (After Hours Phone Number)	Native Americans Only

Caring Connections Coalition: Resource Directory first developed in 2009 for the Caring Connections Coalition Last updated August 2022.
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Oasis Counseling International	333 Norfolk Ave Suite 201	Norfolk, NE	402-379-2030	Bilingual therapist speaks Spanish. Accepts Medicare, Medicaid, & most insurances. Can subsidize fees.
Associates for Psychiatric Services	600 4 th St. Suite 501	Sioux City, IA	712-234-0220	Accepts Medicare, Medicaid, & most insurances. Receptionist Speaks Spanish. Can see clients after 5:30pm by appt only
Associates for Psychological & Therapy Services	1106 Historic 4 th Street Suite 205	Sioux City, IA	712-252-1473	Evening & Weekend Appointments Available. Accepts Medicare, Medicaid, & most insurances. Flexible pay plans.
Siouxland Mental Health	625 Court St. PO Box 1917	Sioux City, IA	712-252-3871 712-279-2010 Crisis Line AFTER Business Hours	Accepts Medicaid & Medicare only from IA. Pay plan or reduced rates are available. Discounts based on household size & annual income. Bilingual Staff Available.

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GreenTree Psychological Services	400 W. 20 th St.	Yankton, SD	605-668-2222	
Family Education & Counseling	1700 Burleigh St.	Yankton, SD	605-260- 9284	Accepts SD Medicaid & most insurances. Sliding scale pay plan available. Ages 3 – 83 years old. Yankton & surrounding area residents.
Lutheran Family Services of Nebraska – Behavioral Health	120 S. 24 th St. 2301 “O” Street	Omaha, NE Lincoln, NE	402-342-7007 402-441-7940	Accepts Medicaid & Medicare. Pay plan or reduced rates are available. Spanish Speaking Staff Available. Telehealth available.
		Children’s Behavioral Health	402-595-1338	
COR Therapeutic Services, LLC	104 N Broadway	Hartington, NE	402-500-6870	Accepts Medicaid & most insurance. Call for alternative payment information.
Faith Regional Physician’s Services- Wayne Family Medicine	615 E 14 th Street	Wayne, NE	402-375-2500	Accepts most insurance.

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