Creating New Smiles
NNPHD offers free dental screening clinics for all ages with a dental hygienist. The program provides services for schools, daycares, long term care, assisted living homes and during community events.

Services
- Cleaning
- Dental screening
- Fluoride treatment
- Sealants
- Dental Education
- Finding a Dental Home
- Referrals

CPR/AED First Aid Classes
NNPHD offers American Heart Association classes for individuals, small groups and large groups. Classes can be offered on site, hybrid and in-person.

Classes
- Pediatric First Aid and CPR/AED
- First Aid and Adult CPR/AED
- BLS for Healthcare Providers
- First Aid
- CPR/AED

Community Response
Community Response is a system of supports and services for children and families. Community Response provides services, resources, trainings, and referrals in focus areas:

- Health & Necessities - Connection to services that provide mental health, physical health, food, clothing, and transportation
- Affordable/Healthy Housing - Rent education (RentWise) & budgeting education (Your Money, Your Goals) - resources for inadequate housing.

Supported by Wayne Family Coalition and The Nebraska Children and Families Foundation

Diabetes On Track
Diabetes on Track is a program to help with the prevention, education and management of pre-diabetes and diabetes. It starts with a risk assessment that can help you decide how to manage your health.

- Pre-diabetes & Diabetes Assessment
- Diabetes Prevention
- Wellness Education
- Care Management
- Health Coaches

Stepping On
Stepping On is a community based program for adults who live independently in their own home or apartment. People who have experienced a fall or have a fear of falling would benefit from this program. Guest experts will include physical therapist, pharmacist, and eye doctor.

Weekly Topics
- Vision
- Outdoor safety
- Footwear
- Medication management
- Home safety
- Mobility aids
- Balance and exercise

Weight Management
An evidence based lifestyle program that allows you to manage your weight with help and support from Northeast Nebraska Rural Health Network partners. Learn how your weight isn’t just a number, it’s part of your overall health and wellness. Use our resources and health coaches to start your journey towards better health. The program is free and available at three locations.

- Body Composition Assessments
- Food Logging with MyFitness Pal or Journal
- Activity logging
- Health Coaching

More NNPHD Services
- Well Water Test Kits
- Lead Poisoning Prevention
- Radon Test Kits
- Community Coalitions
- Overdose Prevention
- Substance Abuse Prevention
- Prevention Presentations
- Northeast Nebraska Rural Health Network
- Vas Latina Meetings (Espanol)
- Emergency Response and Preparedness
- Minority Health Initiative
- Disease Surveillance
- West Nile Virus Education
- Mosquito Trapping-Surveillance
- CDC-NEE Healthy Schools Program

Se habla español
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