## **Northeast Nebraska Public Health Department**

Promoting physical and mental health and preventing disease, injury and disability in Cedar, Dixon, Thurston and Wayne Counties.

## **Parenting Support**

Organization	Phone	Website	Coverage	Service
Northeast Nebraska Community Action Partnership	402-385-6300	https://www.nencap.org/services/healthy-families/	Cedar, Dixon, Thurston, Wayne, & Other Northeast Nebraska Counties	Home visits, individualized information and referrals for resources and community supports, designed to meet family's specific parenting needs.
Nebraska Family Helpline	888-866-8660 *888-556-5117 (*for those with hearing and/or speech impairment)	www.nebraskafamilyhelpline.ne.gov	Statewide	Free resource for parents with kids of all ages, who have any type of question regarding their child's behavior.
Boys Town National Hotline	800-448-3000	https://www.boystown.org	National	Spanish speaking counselors available along with translation services for more than 140 languages.





Caring Connections Coalition: Resource Directory first developed in 2009 for the Caring Connections Coalition. Last updated August 2018.

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Organization	Address	Website	Coverage	Comments
Teammates	402-323-6252 (Lincoln Office) 402-390-8326 (Omaha Office)	https://teammates.org/	Nebraska, Kansas, Iowa, Wyoming	Mentors students once a week in school.
MOPS	303-733-5353 888-910-6677 (Toll Free)	http://www.mops.org/	National	Encourage, equip, and develop every mother to realize her potential as a woman through faith.
Department of Health & Human Services	800-600-1289	http://dhhs.ne.gov/publichealth/documents/childcareroster.pdf	Nebraska	Listing of Nebraska's licensed daycare providers from DHHS website.
Good Life Counseling & Support	402-371-3044	http://goodlifecounseling.com/?page_id=28	Nebraska	3-hour course focusing on parenting skills.
Answers4Families	800-746-8420	https://www.answers4families.org/	Nebraska	Provides support and information for families caring for loved ones with special needs.





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Organization	Phone	Website	Coverage	Comments
Lutheran Family Services	402-342-7038	https://www.lfsneb.org/	Nebraska, Kansas, Iowa	Provide support for children, communities, and behavioral health for people of all ages.
National Cooperative Extension System- Parenting Resources		https://articles.extension.org/parenting	National	Resource for parents to find research-based information.
National Cooperative Extension System-Just in Time Parenting eNewsletters		https://jitp.info/	National	Free parenting newsletter on advice and parenting information.





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