**Northeast Nebraska Public Health Department**

**Promoting physical and mental health and preventing disease, injury and disability in Cedar, Dixon, Thurston and Wayne Counties.**

**Counseling**

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| **Organization/Service**  | **Address**  | **City**  | **Phone**  | **Comments** |
| Suicide Hotline | - | - | 800-273-8255 | The Lifeline provides 24/7, free and confidential support for people in distress, prevention and crisis resources. |
| Nebraska Family Help Line | - | - | 888-866-8660 | A free resource for parents with kids of all ages who have any type of question regarding their child’s behavior. |
| Nebraska Rural Response Hotline | - | - | 800-464-0258 | Offers counseling vouchers to people living in rural areas of Nebraska who qualify for the service. |
| The Help Clinic – Wayne State College | 1111 Main St. Student CenterRoom 103 | Wayne, NE | 402-375-7321 | Wayne State College service for students |
| Advance Counseling Services | 220 W. 7th St. Suite 1 | Wayne, NE | 402-833-5246 | Accepts Medicaid. Pay plan or reduced rates are available |
| Ponca Hills Health & Wellness Center | 1800 Syracuse Ave.  | Norfolk, NE | 402-371-8780 | Services for Tribal Members Only |
| Grace Counseling  | 904 Jaxon St. | Wayne, NE | 402-518-0490 | Use sliding scale for determining paymentsgracenslg@gmail.com |

Caring Connections Coalition: Resource Directory first developed in 2009 for the Caring Connections Coalition. Last updated December 2021.

****Northeast Nebraska Public Health Department does not endorse or accept responsibility or liability for any services provided by any of the organizations listed.

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| **Organization**  | **Address**  | **City**  | **Phone**  | **Comments** |
| Heartland Counseling | 221 W. Douglas St.  | O’Neill, NE | 402-336-2800 | Accepts Medicare & Medicaid from IA, NE, SD. Use sliding scale for determining payments. Spanish Speaking Staff Available |
| 917 W. 21st St.  | South Sioux City, NE | 402-494-3337 |  |
| Apex Therapy Services | 1306 Andrews Dr.  | Norfolk, NE | 402-851-4026 | Accepts Medicaid & Medicare |
| Behavioral Health Services | 900 W. Norfolk Ave.Suite 200326 Main Street | Norfolk, NEPender, NE | 402-370-3140888-370-7003 (CARE Line Open 24/7)402-922-7555 | Accepts Medicaid & Medicare. Pay plan or reduced rates are available.   |
| Good Life Counseling & Support | 200 N. 34th St. | Norfolk, NE | 402-371-3044 | Accepts Medicaid. Pay Plan Available.  |
| Winnebago Behavioral Health | 225 S. Bluff St.  | Winnebago, NE | 402-878-2911712.259.3263 (After Hours Phone Number) | Native Americans Only |

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| **Organization**  | **Address**  | **City**  | **Phone**  | **Comments** |
| Oasis Counseling International | 211 Douglas St.  | O’Neill, NE | 402-336-3009 | Bilingual therapist speaks Spanish. Accepts Medicare, Medicaid, & most insurances. Can subsidize fees.  |
| 333 Norfolk AveSuite 201 | Norfolk, NE | 402-379-2030 |  |
| Associates for Psychiatric Services | 600 4th St. Suite 501 | Sioux City, IA | 712-234-0220 | Accepts Medicare, Medicaid, & most insurances. Receptionist Speaks Spanish. Can see clients after 5:30pm by appt only  |
| Associates for Psychological & Therapy Services | 1106 Historic 4th StreetSuite 205 | Sioux City, IA | 712-252-1473 | Evening & Weekend Appointments Available. Accepts Medicare, Medicaid, & most insurances. Flexible pay plans. |
| Siouxland Mental Health | 625 Court St. PO Box 1917 | Sioux City, IA | 712-252-3871712-279-2010 Crisis Line AFTER Business Hours | Accepts Medicaid & Medicare only from IA. Pay plan or reduced rates are available. Discounts based on household size & annual income. Bilingual Staff Available.  |



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| **Organization**  | **Address**  | **City**  | **Phone**  | **Comments** |
| GreenTree Psychological Services | 400 W. 20th St.  | Yankton, SD | 605-668-2222 |  |
| Family Education & Counseling | 1700 Burleigh St.  | Yankton, SD | 605-260- 9284 | Accepts SD Medicaid & most insurances. Sliding scale pay plan available. Ages 3 – 83 years old. Yankton & surrounding area residents.  |
| Lutheran Family Services of Nebraska – Behavioral Health | 120 S. 24th St. 2301 “O” Street | Omaha, NELincoln, NEChildren’s Behavioral Health  | 402-342-7007402-441-7940402-595-1338 | Accepts Medicaid & Medicare. Pay plan or reduced rates are available. Spanish Speaking Staff Available. Telehealth available.  |
| COR TherapeuticServices, LLC  | 104 N Broadway  | Hartington, NE | 402-500-6870 | Accepts Medicaid & most insurances. Call for alternative payment information. |



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